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Drumbeat Program and Workshops

The drum is a perfect medium to engage people – it's exciting (cool), it's easy to play (reduces fear of failure), it's powerful (demands attention), and playing it is physical (releases tension). The drum has a magnetic attraction to all people, and playing it with others is a very safe way of communicating. (Simon Faulkner, DRUMBEAT developer and trainer)



DRUMBEAT workshops can enhance your next team building and development day as it engages people quickly through music, provides a sense of connectedness with self and others and is physical, non-competitive and fun! Throughout the sessions, individuals become a stronger team and the team becomes a vibrant community!

Workshops run from between 1 and 2 hours for up to 20 people at a time. These sessions can be tailored to meet client's needs including:

- An introduction to DRUMBEAT for conferences and events
- Themed sessions around relationship or communication issues
- Team building for organisational staff

A Village Music Circle is a group of people having fun creating simple parts on a chorus of tuned drums, percussion and musical instruments. The simple act of playing music together profoundly teaches the skills inherent in becoming a strong and thriving community.
(Arthur Hull, Village Music Circles)

The full Holyoake DRUMBEAT program is an early intervention and relationship building program. The program uses hand drumming to engage participants in a cooperative group process to explore relationship issues. The program is taught to groups of 8 – 10 participants across ten, one hour sessions over the period of ten weeks and finishes with a performance. The DRUMBEAT program was developed for people to learn experientially as participants work together to develop a harmonious sound.

Dee Brooks – bio

[Dee Brooks](#) Director of the [Jeder Institute, Pathways to Leadership](#), is a passionate and highly energetic community engagement and development trainer who also provides professional facilitation and keynote addresses for conferences, forums and events.

Based on a decade of grassroots work with the Family Action Centre (FAC) at the University of Newcastle, Dee has trained and presented to thousands of people at hundreds of events and workshops. Dee's background is in youth work, community research and community development and she is a firm believer in the power of tapping into the collective wisdom of a community to strengthen and build on what's already there.

Dee provides Asset Based Community Development (ABCD) Art of Hosting & Facilitating Group Processes training for a range of organisations and government departments and assists with community inclusive strategic planning.

Dee is a founding member and Facilitator of the [ABCD Asia Pacific Network](#), an ABCD trainer and consultant, an [Art of Hosting](#) trained facilitator, a founding co-creator of [The Unconference](#), a [Flow Game](#) Host and a [DRUMBEAT](#) Facilitator.

Dee is an International Faculty Member of the [ABCD Institute](#) based at Northwestern University, Chicago, U.S.A. and a Steward of the international [ABCD in Action](#) Network.

Michaela Kennedy - bio

Michaela has been involved within organisations at many levels, leading the cultural change processes to embed personalisation and community inclusion. Beginning in 2006, Michaela lead the implementation of Person Centred Practices at a large non-government service provider. Establishing a team of Person Centred facilitators, she was the principal advisor to the Senior Leadership team. She is a skilled practitioner and trainer of Person Centred Thinking and Planning including Maps, Paths, Lifestyle and Support Planning, Community Connecting, Coaching and Mentoring, Team Building and Planning, Strengths Focused Meetings and People skills, Participatory Leadership and Partnership Building. She has worked in the disability sector in NSW (Australia) for over 20 years; has presented at various State and National Conferences, facilitated training for government and non-government organisations and facilitated and coordinated many events and conferences based on strengths based approaches. Michaela is Accredited in Person Centred Thinking and Planning, Workplace training and assessment and Drumbeat facilitator.

Endorsement:

John Martin - Teacher at Youth off the streets:

Our students have enormous issues around trust and Michaela did so well to gain this trust, promote a positive environment and build confidence through the use of the drums and the DRUMBEAT program. Our performance was a massive success and particular students found solace in using drums as a communicator.

Participant quotes:

"I have no rhythm and I could do it! After Dee had guided us through our parts – I was looking around the group as we played a harmony together with the biggest grin on my face! It really brought us together very quickly!" (Youth Worker Refugee Manager)